



**ABOVE** The end of this small island is open to allow for a couple of bar stools with low backs, making it easy to work as well as eat. The countertop is engineered quartz.

**FACING PAGE** Benches and table provide space for dining in this California kitchen; the raised bar offers additional space during big family gatherings or parties, and it shields the cooktop too.

**RIGHT** A tiny table for two pops up for dinner by the window, or it can be a workspace by day or night. When the table isn't in use, it swings down and lies flush with the cabinets.



## make elbow room for comfortable dining

**t**he National Kitchen & Bath Association recommends that for seating where no through traffic passes behind the diner, allow 32 in. between the table or countertop edge and the nearest vertical wall or vertical obstruction. If traffic does pass behind the seated diner, increase that dimension to 44 in. for a comfortable walkthrough, or just 36 in. if you don't mind squeezing. For countertop height, depth, and width, see the chart below.

	COUNTER HEIGHT	KNEE-SPACE DEPTH	WIDTH PER SEAT	SEAT HEIGHT
Table dining	28 in. to 30 in.	18 in.	24 in.	18 in. to 19 in.
Standard countertop height	36 in.	15 in.	24 in.	24 in. to 26 in.
Bar height	42 in.	12 in.	24 in.	30 in.
Universal design access for wheelchair	27 in. to 34 in.	17 in. at feet; 11 in. at knees	36 in.	N/A